

MASSACHUSETTS PAIN INITIATIVE

MassPI Summer Bulletin 2004 Volume 2



If you have events to share or would like more information about MassPI, please visit MassPI website at <http://www.masspaininitiative.org> or contact Amy Goldstein at the New England Division of the American Cancer Society, (508)652-4360, amy.goldstein@cancer.org.

Contents

Important Save The Dates – p. 1	Grant/Awards – p. 3
In The News – p. 1	MassPI Council Updates – p. 3-4
MassHealth News – p.1-2	Job Changes, announcements – p. 4
New Reports, Policies, Guidelines p.2-3	Resources – p. 4-5
Power Over Pain – p. 3	Spring Calendar – p.5

SAVE THE DATES:

MassPI 5th general meeting on Wednesday, September 15, 2004, Details TBA. This meeting will be during Pain Awareness Month – September.

SEPTEMBER IS PAIN AWARENESS MONTH!!!

Begin planning “Pain Awareness Month” events at your facilities for September 2004. For more information about how to get started, contact amy.goldstein@cancer.org or 508-652-4360

Scholarship available for MassPI member to attend the 15th Annual Meeting of the American Alliance of Cancer Pain Initiatives (AACPI) June 17-19, 2004 Accessing Pain Management: Effective Policy, Practice and Action. New Brunswick, NJ; Keynote Speaker: Dr. Russell Portenoy
AACPI is the national umbrella organization for all the state pain initiatives. They provide a great deal of support to MassPI and your attendance at this meeting is encouraged! It is close enough to drive this year (last year it was in Pasadena, CA) so we hope you will take advantage of this opportunity. It is a great learning and networking experience for multidisciplinary pain professionals. Find out more details at <http://www.aacpi.wisc.edu> Contact: Amy Goldstein, amy.Goldstein@cancer.org.

In the News

Generic Oxycodone

(The following article is from April/May 2004 issue of Pain Relief Connection and is used with permission. <http://www.massgeneral.org/painrelief/>)

The [Food and Drug Administration](#) has approved generic forms of sustained release oxycodone (brand name OxyContin). The [80 mg](#) strength is now available in some areas, marketed by [Teva Pharmaceuticals](#). [Endo Pharmaceuticals](#) has also received approval, but is in patent infringement litigation with [Purdue](#), which manufactures [OxyContin](#), and will delay marketing until the case is resolved. Early problems for the generic version include multiple reports of patients going into withdrawal or experiencing increased pain or side effects after switching to the generic form; this information has not been systematically collected or analyzed. There have also been reports that the generic form had already been diverted to illegal dealers before some pharmacies have received their first shipments.

MassHealth Update

MassHealth adding new prior authorization requirements for Medicaid patients

MassHealth issued new prior authorization (PA) requirements for certain drugs used to manage pain effective May 3, 2004. MassHealth reports, “the new PA requirements are based on recommendations from an expert panel convened by MassHealth to ensure appropriate and safe use of narcotic and non-narcotic analgesics in MassHealth members. As of May 3, the following will require PA: Compounding powders: gabapentin powder (for members greater than 18 years old), hydromorphone powder,

levophanol powder, methadone powder, morphine powder, and oxycodone powder; Any formulation of ketamine.” On June 3 will begin PA for Oxycontin and Duragesic. We are told this will be just for new starts and that a PA will not be needed for patients who have used these medications within the past 90 days. The MassHealth Drug List is on the MassHealth website Pharmacy homepage, www.mass.gov/masshealth. Specifically, the List lets you know which drugs require prior authorization (PA) in the MassHealth program and provides other useful clinical information. MassPI is making strong efforts to work collaboratively with MassHealth representatives to advocate for the best pain management therapy possible for patients. We have had a number of meetings with MassHealth to represent the needs of our membership. News of our progress will be sent via email. MassPI welcomes all comments and feedback concerning these issues so we can be a unified voice.

New Reports, Policies, Guidelines, etc.

Revised Model Medical Board Pain Policy Approved

The Federation of State Medical Boards has finalized its revised "Model Policy on the Use of Controlled Substances for the Treatment Pain", which was previously called the "Model Guidelines on the Use of Controlled Substances for the Treatment of Pain". The new model policy seeks to assist state Medical Boards by updating the definitions of addiction, chronic pain and dependence to reflect current consensus and expertise in the medical community. It also encourage states to consider the under treatment of pain a violation of medical practice. Since 1998, twenty-two states have adopted all or part of the former "Model Guidelines". The pain policy can be viewed online at www.fsmb.org. Read more about the new policy at:

<http://www.ama-assn.org/amednews/2004/05/17/prsa0517.htm>

New Online Report Looks at Disparities at the End of Life for African Americans

The report reviews a panel discussion hosted by the Robert Wood Johnson Foundation in February that looked at end-of-life care for African Americans. Studies show that their use of hospice care and palliative-care services is inadequate, and that they may not be aware of options for end-of-life care planning, such as living wills and advance directives.

<http://www.rwjf.org/news/eoldisparities>

Health Care Disparity Commission Oversight Hearing on June 14

On Monday, June 14th from 5-8pm, the House Health Care Committee will hold its third Health Care Disparity Commission Oversight Hearing. This hearing will focus on the health care disparities of Americans. House Speaker Thomas M Finneran will host the event at the Mildred Avenue Community Center, 5 Mildred Avenue in Mattapan. The previous hearings focused on disparities among Asian-Americans and Hispanic-Americans. The Joint Committee on Health Care intends to use the information gathered from the hearing to shape legislation and policies that can reduce health care disparities among ethnic and racial minorities. The hearings are open the public, but testimony is by committee invitation only.

Intercultural Cancer Council –Pain Fact Sheet for African Americans and Hispanics

There are also links to other fact sheets that may be of interest.

<http://iccnetwork.org/cancerfacts/cfs7.htm>

GAO Report Looks At Efforts to Address OxyContin Abuse And Diversion

The General Accounting Office (GAO) released a report at the end of December to examine efforts to address abuse and diversion of OxyContin. The report came at the request of Representatives Frank Wolf (R-VA) and James Greenwood (R-PA), who represent two of the states where abuse and diversion problems were originally reported. It examines the marketing and promotion of the medication, the factors that contributed to abuse and diversion, and what actions have been taken to address the problem. As a result, GAO recommends that the Food and Drug Administration's (FDA) risk management plan guidance "should encourage pharmaceutical manufacturers with new drug applications to submit plans that contain a strategy for identifying potential problems with abuse and diversion." The FDA agreed with the GAO's recommendation. <http://www.gao.gov/cgi-bin/getrpt?GAO-04-110>

Survey of Americans Living With Pain

The American Chronic Pain Association (ACPA) released results from a survey of persons with chronic pain that shows over one-third have lived with pain for more than 10 years. The survey is intended to capture the attitudes and perceptions of persons with pain. More than one-half of survey respondents expressed concern about taking pain medications including fear of side effects. You can review the survey results on the ACPA website at:

<http://www.theacpa.org/>

Clinical Practice Guidelines for Palliative Care

A consortium of five leading U.S. palliative care organizations recently released the first national clinical practice guidelines for palliative care. The guidelines are designed to help the growing number of hospitals, nursing homes, hospices and health systems that are establishing palliative care programs to ensure high quality, state-of-the-art care of advanced illnesses. Information on the guidelines can be found at:

<http://www.nationalconsensusproject.org>

Power Over Pain project (POP)

POP Training for Volunteer Presenters – we want you!

Next Training will be held on June 21 in Worcester

MassPI is implementing the Power Over Pain (POP) pilot, a grassroots public awareness project in Massachusetts. The goal of this program is to educate as many Massachusetts' residents as possible about how to advocate for good pain management. *Power Over Pain* presentations have begun for audiences statewide, including nursing homes, public library, hospitals, healthcare professional organizations and more. There are many volunteer trainings scheduled over the next months, ***including one in July for bilingual presenters***. We are looking for more clinicians to become trained as POP volunteers and help educate both public and professionals about pain. You can learn more about POP by visiting <http://www.masspaininitiative.org/power.htm>. If you would like to become trained or want more information about Power Over Pain, please contact Amy Goldstein, MassPI Coordinator at amy.Goldstein@cancer.org or 508-652-4360.

POP Trainings for Volunteer Presenters

June 21 – Fallon Clinic in Worcester (Plantation Street) from 8-10:30am

July 12-30 (one of these dates will be a training for bilingual volunteers)

August 9-27 (locations to be determined)

Contact amy.Goldstein@cancer.org, 508-652-4360, to sign up or for more specifics. Each training will be about 2.5 hours and will be located around the state.

Grants and Awards

Award Recognizes Health Leaders

Each year, the Robert Wood Johnson Community Health Leadership Program (CHLP) honors ten individuals who overcome daunting odds to expand access to health care and social services to underserved and isolated populations in communities across the United States. Each is awarded \$120,000 to be used for personal and program enhancement over a three-year period. If you know persons who inspire you with the work they do in community health in their own local communities, check out the award program at <http://www.communityhealthleaders.org/> Letters of intent are due by September 22.

MassPI Steering Council Nominations for 2004-2006 Term

Nominations for MassPI Steering Council due by August 15, 2004! Please nominate yourself or someone else to be considered for Steering Council for 2004-2006 term. MassPI is looking for an interdisciplinary team of 10 members. If you would like more information about requirements and a nomination form, please email amy.goldstein@cancer.org or call 508-652-4360.

MassPI Working Council Updates

Public Awareness Council, by Roberta Bernstein, Co-Chair & Ann Marie Harootunian, RN, Co-Chair

The Power Over Pain Project is one of MassPI's primary vehicles for raising public knowledge of pain and pain management. Therefore, the Public Awareness Council's short-term goal is to support the project in the following ways. Council members will contact community groups who might be interested in the POP presentation and identify a presenter. The Council has developed a train-the-trainer program and healthcare professionals are being trained as volunteer presenters around the state. In this way, the message remains consistent and MassPI expands its resources. Also, two media spokesperson trainings – on May 24 and June 9 – are developing pain experts in our membership to be effective spokespeople when media needs arise. Maria Farrah, Farrah Consulting group, brings a great deal of expertise in training MassPI spokespeople to stay on message and understand how to be an effective representative.

Professional Education Council, by Chair Anne Marie Kelly, BSN, RN C

The Professional Education Council is undertaking the task of educating and informing health care professionals about effective pain management. From March-November 2003, council members led a successful practice change program, *Institutionalizing Effective Pain Management Practices*, for twenty-two home health agencies and small community hospitals across Massachusetts. Presentations and workshops by Council members to a variety of audiences are on-going, as more individuals/organizations are looking for information on pain. This council is also developing a pocket tool of best pain management practices for distribution to healthcare professionals – this tool should become available by the end of the summer. MassPro has offered to fund part of the printing for this pocket tool.

Legislative Issues & Access To Care Council, by Chair Srdjan Nedeljkovic, MD

The Legislative Council is pursuing adoption by the Boards of Medicine, Pharmacy, Dentistry and Nursing of the newly approved "Model Policy for the Use of Controlled Substances for the Treatment of Pain". To that effect, preliminary meetings will be scheduled with the Boards to review and discuss Mass PI's legislative agenda. It is hoped that this legislative initiative will be presented and adopted by the Board of Registration of Medicine during its July 2004 session, and that joint adoption by all three boards will be attained. Council members are also working with MassHealth to advocate for Medicaid patients in need of medications for pain management. Three face-to-face meetings have occurred to date with MassHealth, the last was on May 18 in Worcester at UMass Medical. MassPI has provided MassHealth with a list of pain experts to be considered for upcoming DUR pain workgroups to discuss these important issues.

MassPI Website, by Chair Tom Quinn, RN, MSN

MassPI is looking for volunteers to help with the website <http://www.masspaininitiative.org/> in order to make it useful for healthcare professionals and the members of all our communities. We need help with writing and editing pertinent content articles as well as technical support for modifying and updating website. You can contact me at tquinn1@partners.org.

Job changes or announcements...

Judy Dyer, ANP, is now a Palliative Care Nurse Practitioner at the Old Colony Hospice in Stoughton.

Resources

Documentary Looks At Minority Patients in US Health Care System

"Worlds Apart" is a new documentary four-part film series that describes the experiences of minority Americans and patients from other countries in the US health care system.

(The Commonwealth Fund) <http://www.cmf.org/programs/minority/worldsapart020504.asp>

AACPI Patient Education Booklet: "Cancer Pain Can Be Relieved"

The second edition preserves the popular question and answer format of the first edition, published in 1987. <http://wiscinfo.doit.wisc.edu/trc>; for multiple copies (608)262-0978

Complementary and Alternative Medicine

www.WholeHealthMD.com is dedicated to providing the best in complementary and alternative medicine and is developed by a team of leading board-certified physicians and specialists.

American Pharmacists Association: Pain Management CE Book

The American Pharmacists Association has published "Implementing Pain Management Services in Pharmacy Practice," a continuing education monograph for pharmacists; <http://www.pharmacist.com>.

CME educational content for physicians and nurses. Medtronic Pain Management is partnering with WebMD/Medscape to provide this resource. To access this free CME/CE activity, visit Medscape members: go to www.medscape.com/clinicalupdate/chronicpain First time visitors: register for free at www.medscape.com

Online class, Bereavement

The National Center for Death Education, in collaboration with the National Hospice and Palliative Care Organization, will be offering an online class, Bereavement: Current Concepts and the Application to Practice, June 1 - 25, 2004, taught by Carol Wogrin, RN, Psy.D. For more information visit the website at www.mountida.edu/ncde or contact National Center for Death Education, Mount Ida College, ncde@mountida.edu, or (617) 928-4649.

For a list of other resources and links, please visit

<http://www.masspaininitiative.org/links.htm>

Summer Calendar 2004

You can view statewide pain educational opportunities by visiting MassPI website <http://www.masspaininitiative.org/events.htm>. You can also submit your events via the website by filling out the form and clicking "submit".

June 9-10, 2004

4th Annual Pain Management Conference, sponsored by Brigham & Women's Hospital, Keynote day 1: Christine Pasero, RN, MSN, Keynote Day 2: Edgar Ross, MD. Charles Hotel, Harvard Square, Cambridge, MA \$125 for one day, \$225 for both. Mail or fax registration & payment to: Brigham & Women's Hospital, Nursing Prof. Dvpt. 75 Francis Street, Boston, MA 02115, P)617-732-6480, F)617-277-0383, for more info contact Hallie Greenberg 617-525-7789

June 9-11, 2004

The Art and science of Palliative Care Nursing at Newton Marriott Sponsoring organization is MGH Palliative Care Service. Intended for Nurses interested in palliative care of adults and children. Contact 617-724-9509 or email pallcare@partners.org
http://www.massgeneral.org/painrelief/Palliative_Care_NursingBroc.pdf

June 17-19, 2004

15th Annual Meeting of the American Alliance of Cancer Pain Initiatives, Accessing Pain Management: Effective Policy, Practice and Action. New Brunswick, NJ; Keynote Speaker: Dr. Russell Portenoy AACPI is the national umbrella organization for all the state pain initiatives. They provide a great deal of support to MassPI and your attendance at this meeting is encouraged! It is close enough to drive this year (last year it was in Pasadena, CA) so we hope you will take advantage of this opportunity. It is a great learning and networking experience for multidisciplinary pain professionals. Find out more details at <http://www.aacpi.wisc.edu> Contact: Lorre Kolb, ljkolb@wisc.edu or ask Amy Goldstein, amy.Goldstein@cancer.org.

June 23-27, 2004

Principles and Practice of Pain Medicine. Fairmont Copley Plaza Hotel, Boston. Harvard Medical School, Department of Continuing Education & Beth Israel Deaconess Medical Center, Department of Anesthesia.

MassPI Steering Council Members:

Carol Curtiss, RN, MSN,
Ginger Newell-Stokes, MS, RN,
Peggy Flood, RN, MS, AOCN,
Ann Marie Harootunian, RN, MS, FNP,

Marybeth Singer, MS, APRN, BC, AOCN
Roberta Bernstein
Judy Iwanski, JD
Amy Goldstein, MSW
James Lomastro, Ph.D., M.ED