



Massachusetts Pain Initiative

The Eastern Massachusetts Chapter of
The American Society of Pain Management Nursing
and **HopeHealth**

present:

The Unintended Consequences of the Opioid Epidemic

Wednesday, October 26, 2016

7:30 a.m. to 4:00 p.m.

Holiday Inn Hotel and Suites, 265 Lakeside Avenue, Marlborough, MA

Program Schedule

- | | |
|-------------------------|---|
| 7:30 a.m. - 8:00 a.m. | Registration/continental breakfast |
| 8:00 a.m. - 8:30 a.m. | Welcome/MassPI update |
| 8:30 a.m. - 9:45 a.m. | The Unintended Consequences of Inadequate Pain Control
Kevin Zacharoff, MD |
| 9:45 a.m. - 11:00 a.m. | Pain, Opioids and the Precipice of Addiction
Michele Matthews, PharmD, CPE |
| 11:00 a.m. - 11:15 a.m. | Break |
| 11:15 a.m. - 12:30 p.m. | Behavioral Interventions in Pain Management
Robert Jamison, PhD |
| 12:30 p.m. - 1:15 p.m. | Lunch |
| 1:15 p.m. - 2:30 p.m. | Role of an Integrative Medicine Group Visit to Support
Health Behavior Change and Reducing Pain and Stress
Paula Gardiner, MD |
| 2:30 p.m. - 2:45 p.m. | Break |
| 2:45 p.m. - 3:45 p.m. | The Unintended Consequences of the Opioid Epidemic - Panel
Discussion |
| 3:45 p.m. - 4:00 p.m. | Evaluations/closing |

Continuing Education Credits*

6.5 CME credits for physicians, physician assistants, nurse
practitioners, psychologists, and ACPE accreditation for pharmacists
6.5 CE credits for nurses and social workers

Eastern Massachusetts Chapter



MassPainInitiative.org

HopeHealthCo.org

Massachusetts Pain Initiative

2016 fall program

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Contact info:

Please print and use a separate form for each registrant.

Name: _____

Credentials: _____

Affiliation: _____

Phone: _____

Email: *Required* _____

Register Online:

eventbrite.com/e/massachusetts-pain-initiative-fall-2016-conference-registration-27277564931

or mail check payable to: Massachusetts Pain Initiative
P.O. Box 164, Berlin, MA 01503

Registration fee: Before September 25: \$129.00; after September 25: \$149.00

Continuing education credits*: 6.5 CME credits for physicians, physician assistants, nurse practitioners, psychologists; and ACPE accreditation for pharmacists.

6.5 CE credits for nurses and social workers

Handouts will be emailed before the conference. Please print and bring them with you. Copies will not be available at the conference.

Cancellation policy: Refunds will be issued for cancellation before October 21, less a \$25 cancellation fee. Cancelling on or later than October 21 or no-shows forfeit the registration fee. All cancellations must be made, in writing, to: Kathy DellaPenna at info@masspaininitiative.org.

**Application for CME credit has been filed with the American Academy of Family Physicians. Commonwealth Education Seminars provides CE accreditation for nurses and social workers. For more information about accreditation, please visit: [HopeHealthCo.org/Accreditation Information](http://HopeHealthCo.org/Accreditation%20Information)*

For more information please contact: Kathy DellaPenna at Info@MassPainInitiative.org



MassPainInitiative.org



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Learning Objectives:

At the end of this program, participants should be able to:

The Unintended Consequences of Inadequate Pain Control

Kevin L. Zacharoff, MD, FACIP, FACPE, FAAP

- ✎ Describe the current chronic pain management environment from a patient care perspective
- ✎ Review the ethical dilemma of under-treating patients with chronic pain against stemming the nation's "opioid epidemic"
- ✎ Discuss unintended consequences of under-treatment of chronic pain from healthcare provider, patient, and societal perspectives

ACPE UAN 0027-9999-16-052-L01-P – knowledge based – 1.25 contact hours

Pain, Opioids, and the Precipice of Addiction

Michele L. Matthews, PharmD, CPE, BCACP, FASHP, RPh

- ✎ Analyze patient-specific information to determine the appropriateness of opioid therapy for the management of chronic pain.
- ✎ Analyze patient-specific information to determine the presence of an opioid use disorder.
- ✎ Implement best practices for initiating, monitoring, and discontinuing chronic opioid therapy.

ACPE UAN 0027-9999-16-053-L01-P – application based – 1.25 contact hours

Behavioral Interventions in Pain Management

Robert Jamison, PhD

- ✎ Discuss behavioral interventions for managing and treating chronic pain.
- ✎ Identify how comorbid psychiatric disorders affect chronic pain.
- ✎ Explain the role of innovative technology in assessing and treating persons with chronic pain patients.

ACPE UAN 0027-9999-16-054-L01-P – knowledge based – 1.25 contact hours

Role of an Integrative Medicine Group Visit (IMGV) to Support Health Behavior Change and Reducing Pain and Stress

Paula Gardiner, MD

- ✎ Name three benefits of using a group medical visit to treat chronic pain
- ✎ List two barriers for chronic pain patients to attend a medical group visit and how to overcome them
- ✎ Discuss two ways to implement a group visit into a clinical setting

ACPE UAN 0027-9999-16-055-L01-P – knowledge based – 1.25 contact hours

The Unintended Consequences of the Opioid Epidemic – Panel Discussion

Kevin L. Zacharoff, MD, FACIP, FACPE, FAAP

Michele L. Matthews, PharmD, CPE, BCACP, FASHP, RPh

Robert Jamison, PhD

Paula Gardiner, MD

- ✎ List consequences of inadequate pain relief
- ✎ Describe actions to be taken when a patient presents with substance use disorder
- ✎ Explain the use of behavioral interventions in terms of pain relief
- ✎ Recognize benefits and barriers to group medical visits to treat chronic pain

ACPE UAN 0027-9999-16-056-L04-P – knowledge based – 0.5 contact hour



Statement of Disclosure

In accordance with the Accreditation Council for Pharmacy Education (ACPE) Standards for Continuing Pharmacy Education 2009, Northeastern University School of Pharmacy requires that faculty members disclose any relationship (e.g., shareholder, recipient of research grant, consultant or member of an advisory committee) that the faculty may have with commercial companies whose products or services may be mentioned in their presentations. Such disclosure will be made available on the day of the program.

Acknowledgement of Financial Support will be made on the day of the program.

Requirements for Credit

- ⌘ Program attendees can earn Continuing Pharmacy Education credits for this program by electronically logging onto the website: <http://www.rxce.neu.edu> , inserting the activity specific code number and successfully completing the activity learning assessment/evaluation form. Participant names will be checked against program attendance sheets for verification of attendance.
- ⌘ **Participants have 60 days to complete evaluations.**
- ⌘ **After 60 days from October 26, 2016 no credit will be available for this program.**
- ⌘ **ACPE Credits will be electronically transferred to the CPE Monitor System.**
- ⌘ **No Statements of Credit will be issued by Northeastern University. They may be printed from CPE Monitor**
- ⌘ **Program participants can earn up to 6.5 contact hours of continuing education credits**
This program is not accredited for pharmacy technicians.

Accreditation Statement



Northeastern University Bouvé College of Health Sciences School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.